



# DMCG Volunteers Collaborate

to Make an Impact at the Health for All Initiative



DMCG's dedicated student volunteers actively participated in the Health for All initiative program organized by the Fakher Zayed Volunteer Team. The volunteer team generously contributed their time and effort to the Health Checkup Week at Thumbay University Hospital, Ajman.

“ This event, held on September 24, 2023, had the primary goal of delivering essential healthcare services to patients visiting Thumbay University Hospital. ”



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Their unwavering passion and dedication to conveying this message played a pivotal role in fostering a strong sense of unity among all participants.



The Community Engagement Unit of DMCG extends its heartfelt gratitude to all DMCG volunteers and supporters. Your dedication and unwavering commitment have left a profound and enduring impact on the lives of many within our community. Together, let us persist in our mission to craft a brighter and healthier future for everyone in our community.



## Article

Breast Cancer Awareness Lecture at the Arab Unity School



In a world where knowledge is power, educational institutions play a vital role in nurturing young minds. On October 30, 2023, the Arab Unity School took a significant step towards promoting health awareness by hosting an event focused on breast cancer education along with the Community Engagement Unit of Dubai Medical College for Girls.

Dr. Hiba Faiz, delivered an informative presentation titled "Introduction to Breast Cancer." The session was made engaging through the use of a comprehensive video demonstration, ensuring that young minds were well-versed in the subject. Her audience consisted of students from grades 7 and 8.



Following this Dr. Ruth Cockerill took the stage to address the older students in grades 9, 10, and 11 on the topic "Understanding Breast Health and Early Detection of Breast Cancer". She covered the signs and symptoms of breast cancer and conducted a practical breast self-examination on a mannequin.

DMCG CEU extend their sincere gratitude to the Arab Unity School for providing us with a platform for such an essential discussion. The unit would also want to express our appreciation to Dr. Hiba Faiz and Dr. Ruth Cockerill, for their invaluable contributions. Special thanks to Dr. Rawan Ahmed for her exceptional assistance and meticulous arrangements that made this breast cancer awareness lecture an undeniable success.





# Article for DMCG

## DMCG Volunteers at Sehhat Wattan Project



In a heartwarming display of community engagement unity, the dedicated volunteers of DMCG came together to make a real difference through their expertise and unwavering compassion towards the community. Sehhat Wattan Project, a collaborative initiative organized by Fakher Zayed Volunteer Team in partnership with Dr. Mounir and his team.

This heartwarming event unfolded on September 27, 2023, between 9:00 AM and 1:00 PM at the Private National Charity Schools - Boy Branch, Sharjah.

The primary objective was to provide comprehensive health checkups to the students at the school, underlining the importance of well-being and healthcare for all.



DMCG volunteers, driven by their passion for service, played pivotal roles in conducting a range of health checkups, including blood pressure screenings, blood sugar tests, eye examinations, and dental check-ups. Their efforts were carried out under the watchful eye of healthcare professionals, ensuring the highest standards of care for the community.



Overall, the DMCG volunteers showcased great teamwork and dedication in making the project a successful event.



A heartfelt thank you goes out to all the DMCG volunteers who dedicated their time, skills, and unwavering spirit to the Sehhat Wattan Project. Together, their collective efforts light the way toward a brighter and healthier tomorrow for all.



## SIMULATION WEEK



The DMCG Simulation Center's Simulation Week in September 2023 was a resounding success, featuring a diverse array of activities that left a lasting impact. The week kicked off with the Moulage Competition on September 18th, where students demonstrated their artistic skills in creating realistic injuries on simulated patients and manikins using prosthetics, makeup, and simulated blood. A total of twelve students from Dubai Pharmacy College (DPC) and Dubai Medical College for Girls (DMCG) participated, showcasing their remarkable talents and creativity.

On the following day, September 19th, DMCG students engaged in a Case Scenario Simulation Competition with MBRU. Prior to this, they had undergone a week of intensive training, resulting in their victory during a previous Simulation Competition held on September 9, 2023. The event saw the esteemed presence of Prof. Samia Farghaly and Dr. Dina Nasr as jury members, and the DMCG Simulation Team, along with dedicated teaching assistants, played a pivotal role as coaches throughout the competition. Prof. Samar and Dr. Dina Nasr also graced the event with their presence, witnessing the students' impressive performances.



Technology Day on September 20th was a major highlight, uniting simulation industry partners, DMCG faculty and staff, and students from both DPC and DMCG. Five prominent industry partners, including Leader Healthcare Group, Modern Pharmaceutical Company, Medical Life Sim, Al Mazroui Medical, and People Pulse Media, were invited to present their latest advancements in simulation technology. Attendees had the opportunity for hands-on experience with cutting-edge simulation tools, further enhancing their understanding of the latest innovations in the field.

Finally, on September 21st, the Simulation Team organized Cardiac Resuscitation Awareness Day, spreading knowledge about the significance of cardiac resuscitation and its life-saving potential. The event extended its reach to various DMCG offices and the LTC first floor, ensuring that the importance of this critical skill reached a wide audience.

In summary, the Simulation Week at the DMCG Simulation Center served as a dynamic platform for students to showcase their skills, learn from industry leaders, and raise awareness about vital healthcare topics. This educational and engaging event left a lasting impact and provided a unique opportunity for students to excel in the field of medical simulation.





# Successful Influenza Vaccination Campaign 2023



In a proactive measure to protect the health and well-being of our community, OHSE and Community Engagement Unit in collaboration with Emirates Health Services recently organized a highly successful Influenza vaccination campaign on the 23rd & 24th Oct' 2023.



This initiative aimed to ensure the health and safety of students, admin and faculty members, and their families by offering flu shots to a total of 210 individuals composed of kids to elderly from 4 years old to 60 years old. Showcasing a commendable example of responsible members of our community during the flu season.

The seamless execution of this event underscored the dedication and cooperation between the college, healthcare professionals, and our students. By prioritizing the well-being of all our community, such campaigns demonstrate the significance of unity, determination, and responsible healthcare practices in ensuring a healthier and safer future for all.

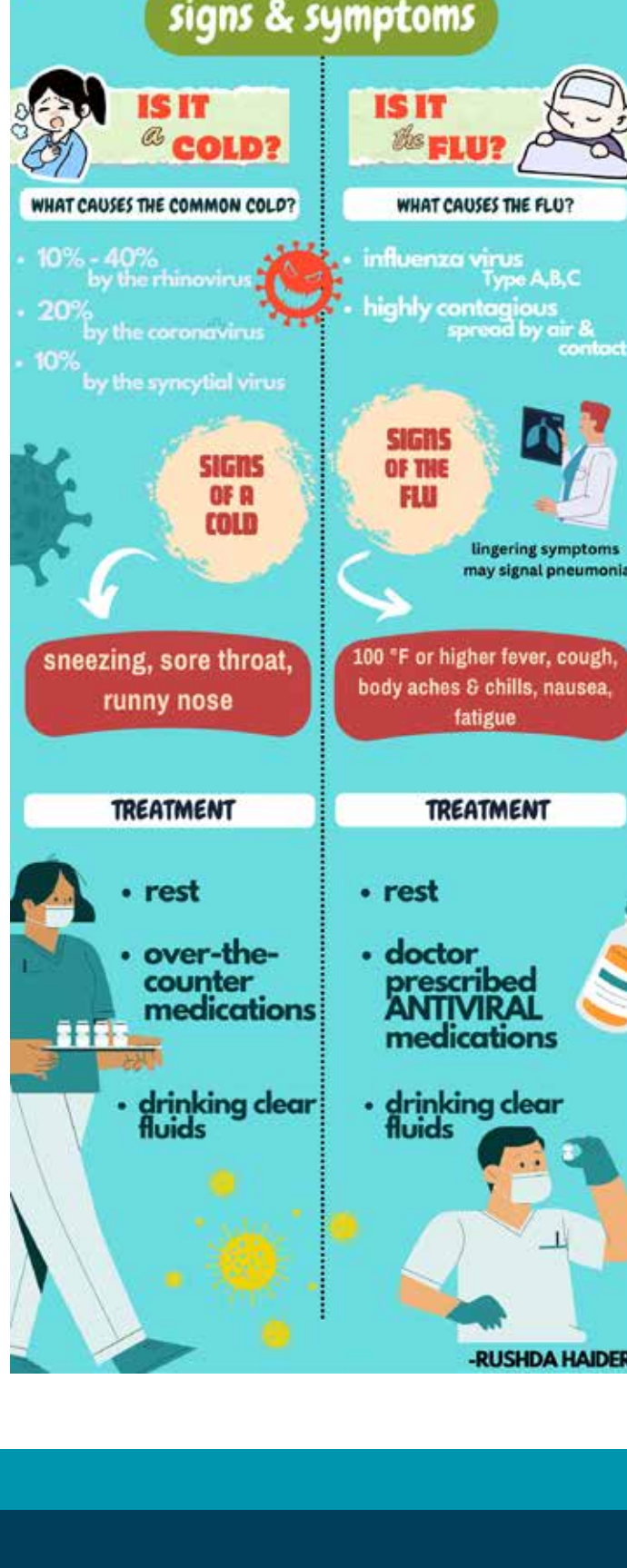
The Community Engagement Unit, in collaboration with OHSE, successfully organized a digital Seasonal Flu Awareness Poster Competition. The competition received over 20 entries, which were prominently displayed on the campus throughout the fourth week of October, showcasing the creative talents of our students.



We are pleased to announce the winners of this event: 1st Place: "Be a Hero, Stay at Home" by Rawdha Abdulaziz and Wadha Al Hammadi. 2nd Place: "6 Flu Myths Debunked" by Radia Usman and Fathima Shabrina. 3rd Place (tie): "Cold & Flu - Signs & Symptoms" by Rushda Haider, and "Prevent Flu & Wash with Care" by Maria Mohammad Ali Al Deeb and Hanan Hassan.

The event was a tremendous success, serving as a reminder to faculty, professional staff, students and the community to prioritize their health and safety.

In a proactive health measure, OHSE and the Community Engagement Unit, in collaboration with Emirates Health Services, organized a successful Influenza vaccination campaign on Oct 23rd & 24th, 2023. This initiative aimed to protect students, faculty, and their families, offering flu shots to 210 individuals, from kids to the elderly (4 to 60 years old). It exemplifies responsible community action during flu season and highlights the dedication and cooperation of the college, healthcare professionals, and students. Such campaigns underscore the importance of unity, determination, and responsible healthcare for a healthier future.



Additionally, the Community Engagement Unit and OHSE organized a Seasonal Flu Awareness Poster Competition, receiving 20+ entries displayed on campus in the fourth week of October. The winners are: 1st Place: "Be a Hero, Stay at Home" by Rawdha Abdulaziz and Wadha Al Hammadi. 2nd Place: "6 Flu Myths Debunked" by Radia Usman and Fathima Shabrina. 3rd Place (tie): "Cold & Flu - Signs & Symptoms" by Rushda Haider, and "Prevent Flu & Wash with Care" by Maria Mohammad Ali Al Deeb and Hanan Hassan.

This event serves as a reminder to prioritize health and safety for all members of the community.





# Article for DMCG



## Spreading Knowledge and Hope: DMCG's Breast Cancer Awareness Campaign

In the spirit of Breast Cancer Awareness Month, the Public Health & Behavioral Science Department at DMCG has taken significant strides to leave an indelible mark in October. On October 4th, 2023, they organized a comprehensive

Breast Cancer Awareness Campaign, joining hands with various dedicated units, including the Pathology Unit from the Biomedical Science Department, the Student Union, the Simulation Unit, and the Community Engagement Unit.



The day began with an inspirational opening address from the esteemed Head of the Department, Prof. Fahad, setting the stage for a day brimming with knowledge and empowerment. Prof. Yousaf gives a remarkable speech from his experience regarding the event and highlights its importance in a significant way. Prof. Samia then stepped into the spotlight to deliver a captivating presentation on 'The Role of the Family Physician in Raising Awareness and Best Practices in Primary Healthcare.' Dr. Ruth continued the enlightening journey, offering attendees profound insights on 'Thinking Pink in Pregnancy.'



Recognizing the significance of nurturing the minds of our youth, high school students from Grade 12 at the 'Islamic Foundation for Training and Education' were warmly invited to partake in this enlightening experience.



The Breast Cancer Awareness Campaign featured a mosaic of informative stalls, each offering a distinct facet of the experience. The Pathology Unit, under the guidance of Dr. Maha, hosted an educational stall, delving deep into breast cancer awareness and ensuring that attendees left with a wealth of knowledge. Meanwhile, at the Simulation Stall, steered by the capable hands of Mrs. Rosita, participants engaged in hands-on simulations, bridging the gap between theory and practice in breast cancer diagnosis and treatment.

For those seeking a touch of amusement, the Student Union conjured up a Games Corner where attendees reveled in entertaining activities. Additionally, an art competition corner beckoned, aptly themed 'Fight, Believe, and Hope.' Here, students unveiled their artistic talents, producing awe-inspiring works that conveyed their unique perspectives on breast cancer. The top three winners were celebrated with certificates, medals from the Public Health Department, and thoughtful goodie bags from the Community Engagement Unit as tokens of appreciation.



In summary, the Breast Cancer Awareness Campaign soared to immense success, skillfully achieving its primary aims: to raise awareness, educate the community, and ignite the flames of hope. By fostering a spirit of unity and knowledge-sharing, DMCG's initiative shone as a guiding light on the path to a healthier, more informed society. Here, breast cancer is not just understood but conquered with unwavering strength and knowledge.'

## EMPOWERING PINK

NOVEMBER 3<sup>rd</sup> , 2023

### DMCG Volunteers at Pink Caravan Initiative



In a powerful show of unity and compassion, Dubai Medical College for Girls (DMCG) Volunteers, in collaboration with the DMCG Community Unit, actively supported the Pink Caravan initiative at Global Village. This partnership showcased the significant impact of dedicated individuals in raising awareness about breast cancer and providing crucial support to those affected.

The Pink Caravan is a renowned breast cancer awareness and early detection campaign in the UAE, emphasizing regular check-ups, mammograms, and self-examination for early detection.

DMCG Volunteers, consisting of students from various batches, played a vital role in the event's success. Over 12 students volunteered under faculty supervision over two days at the diverse and vibrant Global Village. They engaged with visitors, distributed informative materials, managed crowds, and effectively conveyed the importance of the Pink Caravan initiative. This collaborative effort highlights the power of collective action in amplifying the reach and impact of initiatives like Pink Caravan, addressing a critical health issue. Breast cancer awareness remains a global concern, and such events are invaluable for education and support.

The success of DMCG Volunteers demonstrates the dedication and compassion of individuals, reinforcing the importance of collective action in creating a healthier and more informed society. Moving forward, we must continue to support and engage in similar initiatives to combat health challenges like breast cancer. DMCG Volunteers have set an inspiring example of how collective action can make a substantial difference in raising awareness and providing support where it's needed most.